

## Mountain Home Church of the Nazarene 950 N. 7th E., Mountain Home, ID

## New Group starts Tuesday, September 3, 2019

12:00 noon - 1:30 p.m.

Main Building, Family Center

## **Light Snacks Will be Served**

## \$20 Registration (Workbook)

(You are welcome to attend before purchasing a workbook)

Session 1 Is This Normal?

Session 2 Challenges of Grief

Session 3 The Journey of Grief - Part 1

Session 4 The Journey of Grief - Part 2 Session 5 Grief and Your Relationships

Session 6 Why?

Session 7 Guilt and Anger

Session 8 Complicating Factors

Session 9 Stuck

Session 10 Lessons of Grief - Part 1

Session 11 Lessons of Grief - Part 2

Session 12 Heaven

Session 13 What Do I Live for Now?

Contact info: 208-587-3093 www.mhnazarene.org